



# Wholesome Leadership™

A Three Day Residential Programme

*An Integration of Eastern and Western insights for a new way of leading in the corporate world.*



**PRAGATI**

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Energising Organisations through Wholesome Leadership

## Why this Programme?

The world is currently facing a series of global and interconnected challenges. <[Http://www.millennium-project.org/millennium/challeng.html](http://www.millennium-project.org/millennium/challeng.html)>.

The corporate and the business world is grappling with challenges of economic slowdown, employee lay-offs, top-line and bottomline issues, low employee morale, fear psychosis. Most of our challenges arise from a partial and fragmented view of life, work and development. To resolve these challenges, we need a **new approach** which should address:

- A new paradigm of development which puts human well-being and evolution at the centre; and
- A new leadership which has the vision and inner capacity to co-create a new way of leading businesses.

We at Pragati Leadership Institute Pvt. Ltd. (PLI) call this approach Wholesome Leadership™. Wholesome Leadership™ is about taking a systemic and wholistic view of business leadership.

## Over the years...

**Pragati Leadership Institute Pvt. Ltd. (PLI)** has pioneered this approach to business leadership. We firmly believe that business leaders have the potential to assume a responsible role in the transformation of business and society for the well being of all.

PLI has conducted numerous workshops on this theme the world over... India, Netherlands, USA etc.



Wholesome Leadership Workshop, Netherlands 2005



Wholesome Leadership Workshop, India 2005

In a world that is experiencing profound transformation, we need a new way of leading which is based on universal human values and inspires business behavior which is good for people, profits and planet Earth. **Wholesome Leadership™** is one such approach.

**Wholesome Leadership™** is leading in full alignment with life. It is about taking a systemic and holistic view of business leadership. It is about balancing polarities such as profits and sustainability, task and relationships, and people development with achieving results etc.

**Wholesome Leadership™** is about being centered in the field of all possibilities, the heart of business and life.

## Take Aways...

### The benefits to you from attending this programme will be:

- Deepening your understanding of what constitutes **Wholesome Leadership™** in practice; its relevance and benefits for yourself, your role, your organization and your business;
- Being a part of an International Community of Practice of people who are pursuing this approach;
- Learning and practicing tools and techniques to operationalize the practice of **Wholesome Leadership™**;
- Personal growth through new insights and experiences during the programme, and ample space for deep reflection; and
- Networking with other professionals, and peers thereby leading to new friendships and value partnerships.

Apart from the above benefits, **you will also get a kit** containing powerful presentations, inspiring reading material and weblinks to the best organizations and sites related to **Wholesome Leadership™**. You would also be able to subsequently take regular downloads of articles and other resources from our website: <[www.pragatileadership.com](http://www.pragatileadership.com)>

## Themes for the Programme...

- New leadership approaches and the development of sustainable business in today's context.
- **Wholesome Leadership™** and its relevance to business.
- Operationalising the practice of **Wholesome Leadership™**.
- Creating an ongoing International Community of Practice.

## The Methodology...

The approach to this programme is based on the following processes :

- Powerful presentations and guided discussions on **Wholesome Leadership™**
- Open Space Technology <<http://www.openspaceworld.com>>
- Conversation Cafes <<http://www.conversationcafe.org/>>
- Exploring your real workplace issues as case studies and
- Mini Workshops by experts.... Leadership Development through non-conventional methods like Music, Meditation, Dance, Inspiring Films, Creative Writing and Martial Arts.



## About Us...



The Pragati Group includes Pragati Leadership Institute (P) Ltd., Good Work Center and Pragati Foundation (an NGO).

Pragati Leadership Institute (P) Ltd. was founded in 1986 with a vision to facilitate love-inspired leadership development in individuals and organizations. We do this by creating & delivering effective learning products and services that are well researched, simple and inspiring. We work to unleash people potential for all-round results.

Our paradigm of Wholesome Leadership integrates the systems oriented thinking of the West with the spirituality of the East. The unique integration unfolds the hidden founts of leadership at every level within the organization.

Over 550 organizations have benefitted through us in the past 20 years..

Our clients are from diverse businesses such as consumer goods, industrial products, financial sector, information technology, manufacturing, insurance and other service sectors.

## What our clients have to say about Pragati's Services:

*"There has been a breakthrough in our Sales Figures this month. The Secret Worked!!"*

**- Group Product Manager, Novartis**

*"We have made record sales in this month. The Secret is all about visualizing success and celebrating..."*

*"We have witnessed a path-breaking development and this should strongly reinforce our belief in the unsurpassed gold standard in our portfolio..."*

*"This is further testimony to the fact that The Secret Works. I am sure we will hear many more such success stories..."*

**- Novartis Executives**

*"The effect you had on us for the 4 days was spell binding and inspiring. I have not attended a better training program in my career. I shall carry the memories all the time of the various inspiring thoughts and shall follow these in my life."*

**- Taj Mahal Hotel Executive**

*"This team building exercise assisted us a great deal in aligning the organization towards a common vision and goals. Furthermore, I learned immensely from facilitating the sessions, and the experience left a profound and indelible impression on me... By working as a facilitator, I learned a great deal about what is required of an effective leader, and this has inspired me to continue passing this understanding onto others."*

**- Maersk Executive**

*"Over here, there has been a tremendous improvement in communication and positive spirit since we all attended the seminar. We have not only started to have a team building meeting but I am also working on initiating a team building group..."*

**- North American Hoganas**



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