



**Kanishka Singhee**



### ***Work Specialization:***

Building Personal Effectiveness, Self -Management, Career Planning & Career Development, Stress Management, Interpersonal Skills, Child & Youth Development Programme.



### ***Work Experience:***

10 + years in the FMCG and Education Fields. Conducted programs in self & stress management.

## **Consultant | Facilitator**

### ***Certifications***

Certified Strengthscope™ Accredited Partner and certified 'Inspiring Facilitator'.

### ***Sectors Served***

Manufacturing, Finance, FMCG, Education etc.

### ***Clientele***

Atlas Copco, HDFC Bank, PepsiCo International & Lehar Foods etc.

### ***Academic Qualifications***

- Masters in Clinical Psychology.
- Diploma School Psychology.
- Diploma in Business Management.

To know more, Connect with Kanishka on:





## Work Specialization

- With more than 20 years of diversified experience across industries, **Kanishka** is adept at facilitating programs on Building Personal Effectiveness and Self - Management, Gestalt Therapy, Managing Stress through Art, Stress Management for Educators and students. **Kanishka** works as a career consultant for adults and youth.
- **As a Facilitator:**
  - ✓ **Kanishka** has helped participants develop life-transforming skills related to managing self and learning life skills. Effectively managing stress and used art as a means for stress management and counselling.



## Certifications

Certified Strengthscope™ Accredited Partner and certified 'Inspiring Facilitator'.



## Work Experience

Prior to joining Pragati Leadership, **Kanishka** worked as Chief Operations Officer – Mid India Foods Pvt. Ltd., Nagpur, where she was involved with managing junior, middle and senior level employees with regards to production and purchase planning and the day to day operations.

**Kanishka** started her career with Associated Bread Company, handling operations and production. She has also worked as Counselor- Facilitator with Educational Institutions like – The Orchid School & the Centre Point School. She set up and managed the Learning & Development Centre for The Orchid School.



## Customers Served

Atlas Copco, HDFC Bank, Pepsico International & Lehar Foods.



## Academic Qualifications

- Post-graduate in Clinical Psychology,
- Diploma in School Psychology,
- Diploma in Business Management



## Persona

**Kanishka** is Known for her “Can do” attitude and going the extra mile for her clients. She is able to positively employ aspects of her personality such as being extremely understanding, intuitive to be able to better connect with people which is something she enjoys immensely. She believes that every individual has his/ her own strength and the right support and direction will help them achieve their potential to the full. What brought her to Pragati Leadership? It was her keen desire to learn, share & implement, meet new people and help individuals achieve their highest potential.

To know more, Connect with Kanishka on:

