



Mrunal Lamge



Work Specialization:

Leader/ Manager as a Coach, Effective Facilitation Skills [TTT], Managerial Styles & Effective Delegation, Effective Feedback- Impacting Performance, Consultative Selling Skills, Leadership, Developing Presentation Skills.



Work Experience:

Total 21 years of work experience and close to 9 years in training and development as a Facilitator & Executive Coach.

Facilitator | Executive Coach

Certifications

Certified Professional Facilitator [CPF] from International Association of Facilitators [IAF]; Completing “Pragati Leadership’s Fast Track Coaching Program” [60 hours]- ICF approved Coaching Certification from Coaharya [65 hours- ICF approved] Appreciative Coaching from Fielding Graduate University, USA [ICF recognised] Fundamentals of Ontological Coaching [ICF recognised] Coaching for Breakthrough Performance from SMR- Malaysia Certified Professional Trainer- The Magic of Making Training Fun! from SMR- Malaysia Certified in – Interactive Techniques for Instructor Led Training by the thiagi group Certified in Belbin Team Role Accreditation Course Diploma in Experiential Education Program [DEEP] An Appreciative Inquiry Foundation Program- by Resonate Consulting Currently pursuing his coaching credential from ICF and have logged in close to 490 hours of one-on-one coaching.

Sectors Served

Insurance, IT, Banking & Financial Services, Manufacturing, Retail, Recruitment, Management Institute & Education sector etc.

Clientele

BMC Software India Pvt. Ltd, Godrej Properties, Gujarat Gas, Infiniti retail Ltd, Vodafone India Limited, etc.

Academic Qualifications

- B.E. [Production]- Mumbai University,
- DBM & DMM from Prin. Welingkar Institute of Management, Mumbai

To know more, Connect with Mrunal on:





Work Specialization

- Being a Certified Professional Facilitator (CPF), **Mrunal** believes in the wisdom of the group while playing the role of a process facilitator conducting workshops. As a result, the participants experience being engaged, collaborative and taking ownership to create desired outcome.
- **As an Executive Coach:**
 - ✓ **Mrunal** brings in deep listening and presence which impacts the awareness of the Coachee. Feeling empowered is a common experience for the Coachee leading to unleashing the potential within to achieving the desired outcome.
- **As a Facilitator:**
 - **Mrunal** has facilitated workshops largely for senior managers and leaders
 - Process facilitation and the principles of the fun methodology results the workshops in creating an experience of discovery and bringing out the wisdom of the group to achieve the desired outcome
 - His amicable and curious nature helps him connect with his audience at a deep level, making the journey of learning enjoyable for his participants
 - **Mrunal** has conducted workshops for various industries and enjoys bringing a positive change on the behavioral and attitudinal aspects of the participants.
- **As an Executive Coach:**
 - **Mrunal** has experienced different dimensions of coaching like performance coaching, ontological coaching, appreciative coaching- each having its uniqueness in bringing out the awareness and change in the Coachee.
 - **Mrunal** is sought by clients for coaching leaders / high potentials; as well to building coaching skills workshops for leaders enabling them to empower their team members.



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Full Profile



Work Experience

Mrunal has more than 21 years of total work experience and close to 9 years in the training and development field. In his earlier career, he worked for the world's largest media company 'AOL-Time Warner' [Turner International India] in electronic media selling as a consultative sales person. After more than a decade in media sales, he chose to work for 2 years in the social sector with the intention of giving back to the society. He played the roles like head sales and as principal consultant fundraising. He started his career in training and development with HDFC Standard Life (erstwhile) and later worked with Life Learning Solutions and iDiscoveri Education. He now works as a Consultant Facilitator & an Executive Coach with Pragati Leadership.



Customers Served

Axis Bank, Adecco Group, Bharat Bijlee Ltd, Birla Sunlife Insurance, BMC Software, Born 2Win, Coca-Cola, Cognizant, Datamatics Global Services, Essel Propack, e-infochips, Fuji Sericol India, HDFC Standard Life, Godrej Properties Ltd, Gujarat Gas, Intuit, Juris Corp, Kalpataru, Tata AIG General Insurance, Piramal Group, Reliance Infra, Raychem RPG, Netafim, Croma Retail, Vodafone, Wellness Forever Medicare, Brainworks, Principal L N Welingkar Institute of Management Development & Research, Dr. Reddy's Foundation, Kotak Education Foundation, SNEHA and educational institutes.



Academic Qualifications

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Persona

As one who strives for a healthy work-life balance, **Mrunal** is a proponent of Isha Yoga & regularly practices pranayam & meditation, loves to read and pursues photography. He is passionate about self-development, making a difference and building authentic relationships!

As a volunteer, he is part of the Managing Committee of the ICF-Mumbai Chapter. He is also a core team member of International Association of Facilitators (IAF)-India.

To know more, Connect with Mrunal on:

