



Ranjana Balyan



Work Specialization:

Leadership Development, Behavioral and Soft Skills, Self-Development Leadership & Self-Management, Team Building, Value Based Leadership, Mindfulness & Meditation, Creative Writing and Communication Skills.



Work Experience:

Over 11 years of training, facilitation and content development experience. Ranjana has worked with around 75 corporate organizations and educational institutions across India with over 10,000 hours of experience in training and facilitation.

Facilitator

Certifications

Diploma Program in Yoga from Ambika Yog Kutir in Mumbai

Sectors Served

ITES, BPO, Manufacturing, FMCG, Education, Construction & Infrastructure, Automobiles, Banking, Insurance, healthcare, PSUs.

Clientele

Maruti Suzuki Ltd, Hero Moto Corp Ltd., Honda Cars Ltd. Delhi Metro Rail Corporation, IFFCO, Wipro, TCS, Denso, SBI, Power Grid Corporation, Parle – G, Shree Cements, Amul etc.

Academic Qualifications

- B.E. (Electronics & Instrumentation), Mumbai University

To know more, Connect with Ranjana on:





Work Experience

Ranjana is a seasoned learning and development professional with over 11 years of experience in training, facilitation, content creation & development and meditation & mindfulness coaching. She has over 10,000 hours of experience in training and facilitation and has worked with the junior, middle and senior management of corporate organizations across India. She has also done considerable work in the area of Leadership development with reputed educational institutions.

■ As a Facilitator

- Ranjana has facilitated workshops in Leadership Development, Problem Solving, Mindfulness in Leadership and Conflict Resolution for middle and senior management leaders of organizations including Maruti Suzuki Ltd., Hero Moto Corp Ltd, E & Y, Delhi Metro Rail Corporation, Amul, Parle – G etc. to name a few. She has worked with cross – cultural teams of these organizations, facilitating workshops for their international leaders. During her journey of over a decade, she has developed several customized workshops and programs that catered to addressing specific issues. Some of the specific programs created and conducted by her include – Conflict Resolution – Thinking Win – Win; Self Development Leadership; Enhancing Emotional Maturity; Work – Life Integration (for women leaders of Indian Oil Corporation); Self-Empowerment; Mindfulness for Decision Making etc. She has also worked very closely with young working professionals across India and Malaysia of diverse professional backgrounds and created and ran workshops titled ‘Choose, Change & Become’, for over 4 years.
- She has also facilitated workshops on behavioral skills, soft skills and creative communication and helped thousands of entry level managers, junior managers and engineers deal with the challenges of the corporate world and come across as effective leaders.

■ As a Coach

- Ranjana also recently embarked on her journey into coaching. Having been a meditation and mindfulness teacher and practitioner for over 15 years now, she has coached senior leaders of Maruti Suzuki Ltd. On ‘Mindfulness in Leadership’, sharing techniques of being present, tapping the power of intuition for better decision making and problem solving. Apart from this she has coached several individual clients of the senior management level in areas of personal development and emotional maturity. She also has experience in developing and using psychometric tools and assessments which she uses extensively in her workshops and coaching sessions.

■ As a L& D Manager

- Ranjana has a rich experience in handling learning and development function for an international NGO. She managed the entire cycle from identifying training needs to creating and building training modules and managing review, feedback, measuring effectiveness and follow-ups.

■ Other Highlights

- She has represented her organization on prestigious platforms including a TEDx talk in 2014.



Academic Qualifications

B.E. (Electronics & Instrumentation), Mumbai University



Persona

Ranjana is a very passionate and committed professional who values her work as much as she values her life. She believes that work and life are not separate but are integrated into one whole and co – exist, making us complete. **Ranjana** has a deep understanding of spirituality and combined with a rational intellect, she is able to bring in the best of both worlds into her workshops, making them fun and experiential for the learner. She is a fun loving person and a nature lover. She loves travel, creative writing, reading and music.

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