



# Work Specialization:

Creating Organizational DNA (Vision, Mission and Culture Creation and Enculturation); Leadership Development at CXO level, Team-Alignment workshops for senior management, Executive Coaching for CXO Level, Diversity and Inclusion. initiatives.



# Work Experience:

Over 30 years and over 15,000 hours as a Consultant and Facilitator, with over 2500 hours of Coaching for clients.

# Chairperson | Consultant | Coach | Facilitator

## **Certifications**

Certified Executive Coach - ICF (MCC), certified in Barrett's Values & Cultural Transformation Tools (CTT – 1, 2), Certified Facilitator. Practitioner for MBTI, Hogan's, NLP and Strengthscope. Certified Independent Director (Hunt Partners)

#### Sectors Served

Manufacturing, Banking and Finance, IT & ITES, Insurance, Hospitality, Services across Asia, Europe, Africa and America.

## Clientele

Forbes Marshall Ltd, Mercedes – Benz India Pvt. Ltd., Zensar Technologies Ltd, Aditya Birla Limited, ACC, Ambuja Cements, Legrand Ltd, Allcargo Global Logistics Ltd, Atlas Copco India Ltd, MAN Trucks, Harman International (India) Pvt. Ltd, Johnson & Johnson Ltd, Sudarshan Chemicals Ltd, KPIT Cummins, KSB Pumps, Sandvik Asia Ltd, Siemens Ltd, Tata Global Beverages Ltd, etc.

# **Academic Qualifications**

- MSc Gold Medalist
- Diploma in Strategic Management

To know more, Connect with Anu on:











# Work Specialization

- Anu is adept at facilitating Organizational Change & Transformation,
  Developing Coaches and Facilitators and Leadership Development for top management teams
- She has worked with the top management of companies to help Create/recreate and cascade Organizational DNA in order to align their businesses with their Mission & Vision. She has also enabled the development of in-house capability for cascading the same across the organization.
- As a Strategic HR consultant: Anu has worked very closely with some of the biggest names in the Manufacturing sector in particular over the past decade, transforming their HR systems systematically, inside-out. This has resulted in some of them getting listed on the elite annual GPTW list more than once!
- As a Coach:
  - ✓ Anu is a certified ICF MCC coach having done her coaching training from Results Coaching, from FastTrack Coaching USA and Marshall Goldsmith. All these courses are based on ICF Competencies.
  - ✓ She had developed Pragati Leadership's flagship program, called Pragati FastTrack Coaching (along with FastTrack Coaching, USA), which is a 60 hours Coach training program.
  - ✓ She has conducted programs on Training Managers as Coaches.



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# Work Experience

**Anu** has over 30 years of experience across most industry segments.



## **Customers Served**

- As an Executive Coach: Anu has coached for companies such as Siemens, Sudarshan, Deepak Fertilizers, Harman International, BASIX, Capgemini, Principal Global Services, SKF India Ltd, Wartsila, I-flex, Tata BP Solar, DSM etc.
- As a Consultant and Facilitator: Anu's clientele boasts of the who's-who from the corporate world like Atlas Copco, All Cargo Logistics, Vodafone, KSB Pumps, Forbes Marshall, Thermax, Mercedes Benz, First Source, HDFC, Tata AlG, BP Castrol etc.
- International assignments: Include CGIAR (Egypt, Italy, Sri Lanka), IWMI (Thailand, Italy, Mexico, Sri Lanka), PACOS (Malaysia), KSB Pumps (Thailand), IFFCO, Food Specialties & BP Intl. Ltd (Dubai), Maersk (Kuwait), Mauritius Housing Bank (Mauritius), BP(Vietnam).

# **Full Profile**



# **Academic Qualifications**

**Anu** has a Master Degree in Nutrition and a Diploma in Strategic Management. She has won Gold Medal for her MSC.



### Persona

She is the author of the book Time and Life Management, Co-founder and Chairperson of Pragati Leadership. She is also the Executive Director of Pragati Foundation – that is Anu for you. She is best known for 'making things happen' through her patience and perseverance. Her multi-skilled persona is exemplified in the diversity of programs she has helped create. What makes the person that is Anu is being an Ashoka Fellow and working on projects related to Women's Health, Capacity Building of NGOs and Creating partnerships between Corporates and NGOs. Anu is closely associated with Soroptomist International, an organization dedicated to growth and empowerment of Women worldwide. She is the President Elect of this organization from India. Anu loves sketching and painting and when not training, she loves being close to nature, gardening, reading and spending time with her pet dog Zorba.



## Awards and Recognitions

- Exceptional Woman of Excellence Award presented to me by World Economic
  Forum and ALL Ladies League on 8th March 2018 at The Hague
- Grassroots Woman of the Decade Award from ALL Ladies league of ASSOCHAM on 2014.
- Anu is an Ashoka Fellow which is an elite community of social entrepreneurs.
- Rotary GSE award for representing India in Austria and Germany.
- Fellowship for NGO leader in USA.









