



LEADING

Thy Self

Leadership development at the individual level to imbibe and apply critical attitudes that are the enablers of success.

Why this Program ?

Leadership Development starts by leading oneself first. Every individual needs to take charge of their own goals and work towards achieving excellence. This programme will help individual contributor to possess the necessary skills and knowledge that can lead to success.

Leading Thy Self is a unique Leadership Development program for individual contributors, to unleash their inner potential and to provide vital tools for excelling in performance.



DURATION
1 Day or 2 Days



WHO SHOULD ATTEND?
All Individual Contributors at any level

OBJECTIVES

By attending this Leadership Development program, you will learn processes, tools and techniques to:



Incorporate self-awareness to boost productivity.



Use personal vision as a spring boat to excellence at workplace.



Demonstrate components of taking ownership and execution excellence for self-leadership.

Participants

- Achieve higher self-awareness and focus at work.
- Clarity of one's role in the organization.
- Increase capability to handle stress at work.

Key Benefits

Organization

- Increase productivity and alignment towards organizational goal.
- Better employee engagement with ownership.

Key Learning Areas



Self-Awareness and Breaking Self Limiting beliefs

- Concept of self-awareness through Emotional Intelligence.
- Sigmund Freud's Iceberg model and Daniel Goleman's Model.



Accountability and Initiative

- Taking accountability/initiative for your career and work.
- Importance of taking initiative and challenges at work.



SMART Goals and Personal Vision

- Creating personal vision with clarity and purpose.
- What are SMART goals and creating SMART goals for both your role and vision.



Time and Stress Management

- Significance of Urgent-Important Matrix.
- Managing stress.



Navigating Change

- Zones and phases of change management.
- Continuous learning and inner transformation.

Our Leadership Training Kit Uses:



Presentation



Films



Discussion



Role Plays



Game / Activity



Storytelling

Some of the organizations where we have successfully conducted the programme:

Atlas Copco

Deloitte

FORCE
MOTORS

Mahindra

OLAM

vodafone

To know more, mail us at:

myneed@pragatileadership.com

Call us at: +91 020 66462900

Pune | Mumbai | Delhi-NCR | Bengaluru | Chennai

Website: www.pragatileadership.com

Follow us on: [f](#) [in](#) [t](#)

**PRAGATI
LEADERSHIP**
Deeper Roots. Stronger Growth.